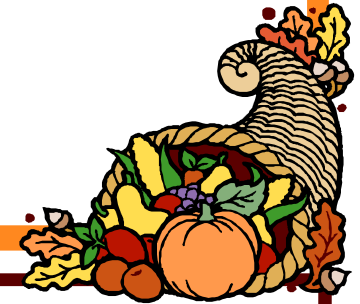


October 2009




TRI-CREEK ELEMENTARY MENU



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| | | | 1 Hamburger Broccoli/Cheese Pears Orange Sherbet or Chef Salad | 2 Chicken Dumpling Dinner Peas Mixed Fruit Hot Bread or Fruit plate |
| 5 Ham and Cheese Sandwich California Blend Pears Cookie or Fruit plate | 6 Grilled Cheese Sandwich Tomato soup pineapple chunks Brownie Or Chef Salad | 7 Chicken Nuggets Baked French Fries Apple Wedges Yellow Cake/Choc icing or Fruit plate | 8 Hot dog Green Beans Orange Wedges Sugar Cookie Or Chef Salad | 9 Chicken Fryz Mixed Vegetables Sliced Peaches Bread and Butter Or Fruit Plate |
| 12 Chicken Patty/Bun Baked Hash Brown Sticks Peas Peaches Or Fruit Plate | 13 Hamburger Smile Potatoes Apple Crisp Tossed Salad or Chef Salad | 14 Chicken Tenders California Blend Sliced pears Hot Roll or Fruit plate | 15 Salisbury steak Mashed Potatoes Broccoli/Cheese Hot Bread Or Chef Salad | 16 Fiestada Corn Fruit Salad Chocolate Cake Or Fruit Plate |
| 19 Spaghetti/meat sauce Pears Mixed Vegetables French Bread or Fruit plate | 20 Macaroni Cheese Green Beans Sliced peaches Rice Krispie square or Chef Salad | 21 Sloppy Joe Sandwich Baked French Fries Seasoned Carrots Choc chip cookie or fruit salad | 22 Hard shell tacos, cheese and lettuce Corn Mixed Fruit or chef salad | 23 ½ Ham and cheese sandwich on steak roll Chicken Noodle Soup Peas and Carrots Brownie Or Fruit plate |
| 26 Corn Dog Tater Starz Peas Raspberry Sherbet or Fruit plate | 27 Hamburger Baked French Fries Sliced Peaches Snickerdoodle cookie or Chef Salad | 28 Ravioli Honey Glazed carrots Tossed Salad Hot Bread or Fruit plate | 29 Cook's choice | 30 No school |

News
Half pint of milk served with each Type A- lunch.

Oct. 30 and Nov. 2 is fall break

Menu subject to Change when necessary.

