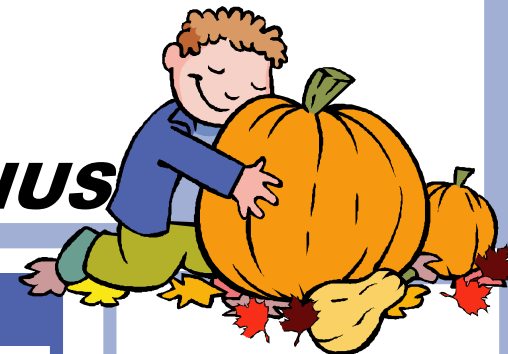


# November 2009

## LOWELL MIDDLE SCHOOL MENUS



Monday	Tuesday	Wednesday	Thursday	Friday
No School 2	Chicken patty Peas Pears Starz Potatoes 3	Creamed turkey over a biscuit Mashed potatoes Winter blend Jell-O with fruit 4	Spaghetti/meat sauce Glazed carrots Peaches Baked French fries Hot bread 5	Hot Italian sub Baked tater tots Strawberry cup Sicilian Blend 6
Chicken Tacos with lettuce And cheese Corn French Fries Mixed fruit 9	Ravioli Baked potato wedges Mixed vegetables Pineapple French bread 10	No School Staff development 11	Chili/crackers California blend Baked French fries Apple wedges 12	Hot turkey Green beans Mashed potatoes Warm apple slices Pumpkin bread 13
Hot Dog Baked French fries Baked beans Apple crisp 16	Chicken Quesadilla California Blend Peaches Smile Potatoes 17	Turkey wraps Carrot sticks with dip Tater tots Lime Jell-O with fruit 18	BBQ Pork Sandwich Broccoli with cheese Baked French fries Orange wedges 19	Pizza Baked Criss cut potatoes Pears Corn 20
Corn Dog Baked beans Baked French fries Pineapple chunks 23	Chicken fryz Cosmic Potatoes Broccoli/Cheese Peach Crisp Soft pretzel 24	Boco sticks Seasoned potato wedges Juice bar Peas and carrots 25	No school Thanksgiving break 26	No school Thanksgiving break 27
Chicken Nuggets Winter Blend Baked French fries Mixed fruit 30				

### News

**Half pint of milk served with each type A-lunch. Served daily as menu choice: Hamburger, salad bar or Grab and Go**

**Nov. 2, 11, 26 and 27 no school.**

**Menu subject to change when necessary.**

